

Team of Akademik Sport Centre at UP

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Welcome!

You can book sports lessons from our offerings in **iSportssystem**. This includes our gyms, indoor archery range, Akademik Fitness (gym or sauna).

First Steps:

1. Registration and Credit Purchase:

- New User: To open your own account, click on „**PŘIHLÁSIT**“ (log in) in the right corner and select „**NOVÁ REGISTRACE**“ (new registration). Fill in all fields:
 - „Jméno“ (first name)
 - „Příjmení“ (surname)
 - „Telefon“ (phone number)
 - „E-mail“ (e-mail address)
 - „Vyberte zařazení“ – choose and click on „**ASC UP – students, employees, alumni**“
 - „Heslo“ (password) – minimum 8 characters
 - „Heslo znovu“ – re-enter password
 - „Mám zájem o zasílání newsletterů“ (I am interested in receiving newsletters)
 - „Nejsem robot“ (I am not a robot)
 - „Odeslat“ (send)

We recommend opting in to receive newsletters for updates on schedule changes and new offerings.

2. Credit Types:

- Akademik Basic Credit: A universal credit that can be used to book all sports lessons, including archery for the public, fitness, and sauna.
- Archery Basic Credit: This credit is intended only for public archery and kids' archery.
- Fitness Center Basic Credit: For access to Akademik Fitness (UP Sports Hall, U Sportovní haly 2a, Olomouc) – exclusively for booking and payment for fitness and sauna.
- LUKO (Archery) Public Credit: A monthly unlimited pass, valid for 30 days.
- Fitness Credit: A monthly season ticket, valid for 30 days.

3. **Payment:**

To book a sports lesson, you need to top up your credit in the system. Please select payment through „Go pay“.

Lesson Schedule and Booking:

Book a lesson via the schedule (**calendar**). At the top of the site, choose from „**skupinové lekce**“ (group lessons) or „**halové sporty**“ (sports in the hall):

1. **Sport Lesson:** One-hour sessions of a selected sport for a set price (mostly 70 crowns per lesson). Booking can be done weeks in advance to secure a spot. We recommend creating your own sports schedule. Cancellation is possible up to one hour before the start.
2. **Sport Courses:** These are activities held in specific gyms with a set number of lessons, like a Tennis course.

Gyms and Sports Grounds:

- Find us at <https://ascup.upol.cz/> under „Sportoviště“ (Sports Ground). Here, you can find the locations of our sports lessons, including maps and descriptions of the gyms used in the schedule.