

summer school

ADAPTED PHYSICAL ACTIVITY



Programme



15-26 July 2024



3 ECTS credits



€1200
10% discount for partners



Application deadline:
30 April 2024

ENROL TODAY 

Join us in Olomouc this summer to explore, learn, and create lasting memories that transcend borders at the second oldest university in the Czech Republic!



Palacký University
Olomouc



EUREKA
Palacký University
experimental brewery



Why UP?



Student-oriented

The biggest student city in Czechia



Strategic location

Easy access to major European cities



Low living costs

Olomouc

Olomouc, Czech Republic, is a hidden gem nestled in the very heart of Europe. This charming city boasts a rich tapestry of history, culture, and vibrant student life. Its center is dominated by the iconic Holy Trinity Column, which has earned its place on the prestigious UNESCO list.

Dive into the lively atmosphere of the city's bustling squares, savor delicious (but heavy!) Czech cuisine at local restaurants, and soak in the friendly ambiance!

Learn more



Website

www.upol.cz/short-programmes



Mail

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Learn about

- Wheelchair mobility, wheelchair sports, adapted equipment, adaptation strategies, inclusive education, psychomotor activities
- Yoga therapy - introduction (theory), yoga practice 1 hr day, yoga asanas (positions), pranayama (breathing techniques), relaxation techniques
- SM system (psychomotor intervention for activating posture)



Accommodation

Included in the tuition fee is accommodation at **Neředín IV Dormitory** (located at **U Letiště 30, Olomouc**).

You can choose from two options: sharing a cozy double room or having your own single room (with a small additional fee of €70).

Every group of 4-5 rooms has above-standard furnishings including a fridge, TV connection, shared kitchen, and two bathroom facilities.

Side events

Come with us on memorable expeditions to explore Prague's architecture and culture and Vienna's imperial streets.

Some of the sites awaiting us include: Prague - Charles Bridge, Prague Castle, Old Town Square, St. Vitus Cathedral; and Vienna - Schönbrunn Palace, Hofburg Palace, and St. Stephen's Cathedral. And there is more to come!

